



Parish of Wiverton in the Vale:
One flock, One Shepherd, Six Pastures
Notices 5th and 12th February 2023
3 and 2 before Lent

DIARY FOR THE FORTNIGHT (correct at time of going to press)

SUNDAY 5th February

10.30am – All-Age, All-Parish Holy Communion (St Andrew's Langar)

MONDAY 6th February

9.00am – All-Parish Morning Prayer (via Zoom)

WEDNESDAY 8th February

9.00am - 11.30am Coffee, Cake and Chat with Bellringing Beginners,
St Giles', Cropwell Bishop

FRIDAY 10th February

9.00am – All-Parish Morning Prayer (via Zoom)

9.00am - 11.30am – Baby Club, St Giles', Cropwell Bishop

SUNDAY 12th February

10.30am – All-Parish Holy Communion (Holy Trinity, Tythby)

MONDAY 13th February

9.00am – All-Parish Morning Prayer (via Zoom)

WEDNESDAY 15th February

9.00am - 11.30am Coffee, Cake and Chat with Bellringing Beginners,
St Giles', Cropwell Bishop

FRIDAY 17th February

9.00am – All-Parish Morning Prayer (via Zoom)

9.00am - 11.30am – Baby Club, St Giles', Cropwell Bishop

SUNDAY 19th February

10.30am – All-Parish Holy Communion (St Giles', Cropwell Bishop)

10.30am – Morning Worship (Colston Bassett Village Hall)

READINGS

Sunday 5th February Isaiah 58.1-9a, Matthew 5.13-20

Sunday 12th February Genesis 1.1-2.3, Matthew 6.25- end

LIVING with COVID

Now that legal restrictions have been removed, the onus is on us to take care of ourselves and one another. Please be mindful of the fact that some people are particularly vulnerable or are living with or caring for people who are particularly vulnerable. Therefore, we continue to recommend that:

- you do not attend if you have symptoms or feel unwell;
- we maintain the practice of hand hygiene, with sanitiser gel available in churches;
- you use your discretion as to whether to wear a mask according to the local setting and circumstances of the people around you;
- leaders consider taking a lateral flow test before services.

DATES FOR THE DIARY

13th March – PCC meeting - 7.00pm at St Andrew's, Langar. If you have any matter which you would like to raise, please contact your church warden/representative.

17th April – APCM meeting, 7.00pm St Andrew's Langar. If you would like to join the PCC and meet the criteria and are on the electoral roll please contact your church warden / representative or Jane Travis, admin@wivertoninthevale.co.uk or call 07708 631623 for a nomination form.

Current Appeal – Water Aid – for February, March and April. Please see wivertoninthevale.co.uk/appeal for how to donate.



WARM SPACE, WARM WELCOME

In this cold and frosty season Coffee, Cake and Chat, Wednesdays 9.00 - 11.30am, St Giles' Cropwell Bishop and Pop-up Café, first Saturday of each month 10.00am–12noon, St Andrew's Langar, both offer a warm welcome to all regardless of whether otherwise involved with church. We heat, you save!

ECO CHURCH



Eco Church is underway! Alex making a tawny owl nest box, from recycled wood, for Cropwell Bishop churchyard, as part of our commitment to halting biodiversity decline. There are many grey squirrels in our churchyard that rob the nests of small birds. Tawny owls predate grey squirrels.

ELECTORAL ROLL UPDATE

Notices are being displayed in each of our churches about updating the electoral roll in time for the APCM in April. If you would like to be added to the roll and meet eligibility, please follow the instructions or speak to your churchwarden or representative.

LETTERS From the Rectory and Beyond

REFLECTIONS by Peter Hills

True Fasting, Isaiah 58 verses 1 to 9a

In Chapter 58 Isaiah does not hold back in attacking the ritualism of the Jewish people as they return from exile. His words were probably first uttered during the building of the second temple about 520-515 BC. The people were fasting at least twice a year in the hope of seeking God's guidance and answers to their current troubles; Isaiah was not impressed.

I wonder if fasting is something you have tried and if so, I wonder what your motivation was. In this passage we join Isaiah as he challenges the people in the way they have gone about their fasting. According to Isaiah their approach and attitude is not right. Their hearts are not right with God. In verses 3 and 4 it is evident that the people have a 'we do this and you will respond' approach to God; as Isaiah points out this is not what is required. Indeed, Isaiah says that even on the days they are fasting 'you do as you please and exploit all your workers.' Isaiah is directing the people to a fast not from food but from affluence, indifference and privilege (verses 6 and 7). And then we read those wonderful words (v8 and 9) that suggest in such beautiful language just how God will respond if the people and indeed **we** approach fasting in the right way:

'you will call and the Lord will answer'

'your light will break forth like the dawn.'

And 'you will cry for help and he will say. Here I am.'

Like Isaiah, Jesus similarly warns against false spirituality. He says our prayer and fasting should be done not as a public show but 'when you fast put oil on your head and wash your face.....and your Father, who sees what is done in secret will reward you'. Matthew 6 v 17-18.

In my limited experience of fasting I would suggest that fasting is a way to prepare ourselves to pray more in line with God's will. It can provide a way of drawing closer to God, listening more acutely to His voice, to feeling His love and to seeking His direction for our lives.

There are many wise words written about fasting but I would stress the need for undertaking it with very gradual severity, focussing upon God and only when your health will not be compromised.

If we approach it wisely then as we read in Isaiah 'your righteousness will go before you and the glory of the Lord will be your rear guard.' Verse 8b

LIFE EVENTS

As a Parish we are delighted to be holding baptisms, weddings, blessings and renewal of vows. If you know of anyone who would like to hold one of these important Life Events, please do ask them to be in touch with Jane Travis, our Parish Administrator, admin@wivertoninthevale.co.uk.



KEEPING IN TOUCH; STAYING INFORMED



These **notices** are posted week by week on the Parish website: www.wivertoninthevale.co.uk

To receive a copy of these notices by email every Saturday, please subscribe to the website notification service at:
www.wivertoninthevale.co.uk/subscribe

KEY CONTACTS

The parish is now in interregnum, please address enquires to the Parish Administrator

Parish Administrator: Jane Travis

phone: 07708 631 623 email: admin@wivertoninthevale.co.uk

Working hours: 10am-2pm Tuesday & Thursday

Pastoral Care Coordinator: Hilary Tabron RLM

phone: 0115 9894836 email: hilary.tabron@wivertoninthevale.co.uk

Parish Treasurer: Phil Stephenson:

phone: 07790 036573 email: treasurer@wivertoninthevale.co.uk

address: 10 Kinoulton Road, Cropwell Bishop, NG12 3BD

Any concerns regarding a safeguarding issue should be directed to:

Parish Safeguarding Officer: Rosie Dulwich

phone: 07786 961399 email: rosie.dulwich@wivertoninthevale.co.uk

Further information and contact details can be found on the parish website at www.wivertoninthevale.co.uk/whos-who

**Copy deadline for items to be included in the next two weeks' Notice Sheet:
Wednesday 15th February 2023, to the Parish Administrator.**