



Parish of Wiverton in the Vale:  
One flock, One Shepherd, Six Pastures

Notices 23<sup>rd</sup> August 2020

TRINITY 11

**DIARY FOR THIS WEEK**

If you would like to receive any of the Zoom links by email, please contact Revd Rachel [rector@wivertoninthevale.co.uk](mailto:rector@wivertoninthevale.co.uk)

**SUNDAY 23<sup>RD</sup> AUGUST**

**9.00am – Holy Communion** (St Andrew's, Langar)

Please see the ['Returning to Public Worship'](#) article for further details.

**10.30am – Pause for Prayer and Reflection** (on our website)

Katharine will be leading and preaching at the service this Sunday, Nick will be leading the intercessions and Dorothy will be leading sung worship.

Please [click here](#) to join the service at 10.30am (or later).

[www.wivertoninthevale.co.uk/ppr](http://www.wivertoninthevale.co.uk/ppr)

**11.30am – Time for a Cuppa** (via Zoom)

Please join us for a cuppa after the online service.

**MONDAY 24<sup>TH</sup> AUGUST**

**9.00am – All Parish Morning Prayer** (via Zoom)

All are invited to parish prayers via Zoom on Mondays and Fridays

**10.30am-12.30pm – St Giles' Cropwell Bishop open for private prayer**

**2pm-4pm – All Saints church Granby open for private prayer**

**WEDNESDAY 26<sup>TH</sup> AUGUST**

**3pm-5pm – St Andrew's Langar, open for private prayer**

**7.30pm – Alpha** (via Zoom)

Please contact Rachel and Sid on 07944 992178 for more details.

**FRIDAY 28<sup>TH</sup> AUGUST**

**9.00am – All Parish Morning Prayer** (via Zoom)

All are invited to parish prayers via Zoom on Mondays and Fridays

## FROM THE RECTORY *by Revd Rachel*

“The sabbath was made for man, not man for the sabbath” *Mark 2:27*

I am feeling extremely well rested and very relaxed...almost horizontal really... after a lovely refreshing break in Norfolk. In fact, it may take me a while to get back up to speed, so please be patient with me.

I can't actually remember the last time we took two weeks off together so it has felt beautifully indulgent to sit in the morning and, over breakfast, actually ponder over the many potential ways we might meander through the day, doing nothing much at all – Bliss!

Don't get me wrong...work is positive and if there were too many days spent pondering, I would soon get itchy feet. It was never God's plan that life should be without purpose, meaning and fulfilling work.

In the beginning God created a beautiful world, teeming with life, abundance, opportunity, and adventure. And into this amazing creation he placed humankind, the pinnacle of his creativity and genius, to steward and care for and all that He had made. God gave us work.

In the evenings, there was time for God. There was time to walk with God in the cool of the day, in the garden, laughing and chatting about all that had happened during the working day. Time to enjoy each other's company... perhaps sitting in silence watching the sun go down; the end of another perfect day.

“Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating he had done.” *Genesis 2:3*

Right from the beginning we can see that God set a pattern, a balance of work, time with God and rest and recreation.

As it was in the beginning, we can be assured that when Christ comes again and we are with Him together in the “new heaven and new earth” we read of in Revelation chapter 21, there will still be a pattern of worship, work and rest.

Work is good. Work along with nurturing our faith and relationship with God, healthy food, exercise and rest is all good stuff. It is all a question of balance.

Some of us are better at balance than others.

Too much work can, of course, be very unhealthy. Like many of us, I am not always very good at knowing when to stop.

What a gracious and loving God to remind us to take time out to rest and to celebrate together on a regular basis; to remind each other and ourselves of the wonders of creation and his goodness towards us. It was certainly good to get out and appreciate the beauty of his creation over the last couple of weeks. Wonderful!

However, not taking Sabbath rest demonstrates a lack of trust in God who is enough. The world does not rely on my working seven days a week or even sixty or eighty hours a week. I need to learn to trust that God is enough and big enough. He is “I AM”, I am not.

What about you?

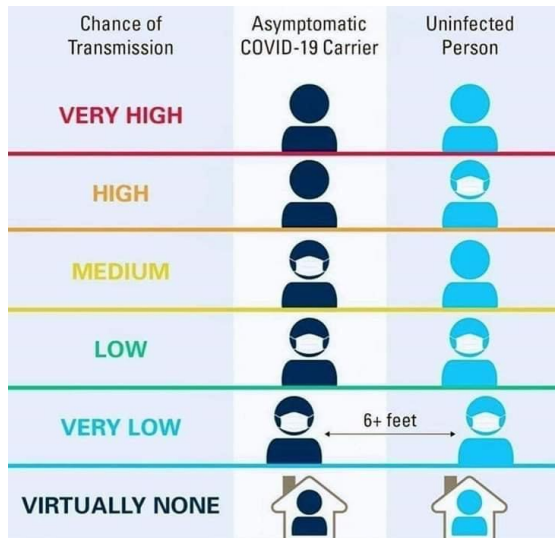
With love

Rev'd Rachel

## RETURNING TO PUBLIC WORSHIP

This week we begin meeting regularly once more for public worship, with our first church service since the beginning of lockdown at St Andrew's Church, Langar on Sunday at 9am. It will be a short, simple service of Holy Communion and we will do all we can to make sure that returning to church will be as safe and as welcoming as possible. Please see the [“Advice for Those Attending Public Worship”](#) document which will hopefully answer some of the questions and concerns you may have.

**Please note**, in line with updated guidance, face coverings are currently mandatory except when someone is leading services, for example when reading, preaching, or leading prayer, face coverings will be used by those leading when not addressing the congregation or if in close proximity.



## READINGS

### Romans 12: 1-8 NRSV

**12** I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. <sup>2</sup>Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect.

<sup>3</sup>For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. <sup>4</sup>For as in one body we have many members, and not all the members have the same function, <sup>5</sup>so we, who are many, are one body in Christ, and individually we are members one of another. <sup>6</sup>We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; <sup>7</sup>ministry, in ministering; the teacher, in teaching; <sup>8</sup>the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.



### Matthew 16: 13-20 NRSV

<sup>13</sup>Now when Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" <sup>14</sup>And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." <sup>15</sup>He said to them, "But who do you say that I am?" <sup>16</sup>Simon Peter answered, "You are the Messiah, the Son of the living God." <sup>17</sup>And Jesus answered him, "Blessed are you, Simon son of Jonah! For

flesh and blood has not revealed this to you, but my Father in heaven. <sup>18</sup> And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. <sup>19</sup> I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven.” <sup>20</sup> Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

### **POEM 'REFUGEES' by Brian Bilston**

#### **Refugees**

They have no need of our help  
So do not tell me  
These haggard faces could belong to you or me  
Should life have dealt a different hand  
We need to see them for who they really are  
Chancers and scroungers  
Layabouts and loungers  
With bombs up their sleeves  
Cut-throats and thieves  
They are not  
Welcome here  
We should make them  
Go back to where they came from  
They cannot  
Share our food  
Share our homes  
Share our countries  
Instead let us  
Build a wall to keep them out  
It is not okay to say  
These people are just like us  
A place should only belong to those who are born there  
Do not be so stupid to think that  
The world can be looked at another way

**Now read from bottom to top**

## REST IN YOUR GOD-BREATHED WORTH PRAYER, by Sarah Bessey

Rest in your God-breathed worth. Stop holding your breath, hiding your gifts, ducking your head, dulling your roar, distracting your soul, stilling your hands, quieting your voice, and satiating your hunger with the lesser things of this world. I pray for messy living rooms, for late nights, for dirty dishes littering your counters, and I pray for a faithful handful of friends or family to call when the darkness presses in close to you. I pray that you would be quick to show up at the right time for another person.

I set you apart in your right-now life for the daily work of liberation and love. Proclaim the Kin-dom of God with your hands and your feet and your voice to every soul in your care and influence. May your soul long for prayer and for the Scriptures, may you keep secrets, may you give away your money, may you share your meals, and may you know what it is to sit alone at night in silence under the sky and be satisfied. May you make room in your life to be inconvenienced, may you be fearless, and may you eat good food.

I pray for perseverance and discipline. I pray for speech seasoned with salt. I pray that when you are bored and tired, discouraged and frustrated, when you feel futile and small and ridiculous, you will never, never, never give up. You are right where you belong, you have everything you need to begin, and we are walking this out together. We are part of the redemptive movement of God.

Amen."

### COLLECT

O God, you declare your almighty power  
most chiefly in showing mercy and pity:  
mercifully grant to us such a measure of your grace,  
that we, running the way of your commandments,  
may receive your gracious promises,  
and be made partakers of your heavenly treasure;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever. **Amen**

**PRAYER MATTERS** *Please remember in your prayers this week:*

Lord, our lives are a witness for you whether we stay silent or choose to speak. Help us to witness to your love for your world and each person we meet; in our lives, attitudes, actions and words.

We give thanks for:

The opportunity to worship together once more in church and our continued fellowship online and via Zoom.

Opportunities for rest and relaxation.

Opportunities to demonstrate acts of kindness and hospitality.

Friends, families and neighbours and the ability to communicate by phone, letters and the internet, and even across the street.

Laughter, humour and fun.

Our ability to love and encourage one another.

We pray for:

The people of Lebanon. For those affected by the deadly blast in Beirut, those who have lost loved ones, homes, businesses, for the injured, the traumatised, especially those whose lives have been changed forever.

The people of Yemen facing the devastation of war, Covid-19 and floods and locusts.

Your protection and comfort against the impact of a second wave.

Those who are facing redundancy, uncertainty, and the loss of livelihoods.

Our church leaders facing the challenges of navigating government regulations and church guidelines in order for our churches to open safely.

Those who have joined the Alpha course, for growth in their knowledge of you and your word, and a deepening relationship with Father, Son and Holy Spirit.

For all students navigating these uncertain times with unknown futures. We ask for peace, your presence and guidance through these next days, weeks and months.

We remember;

Those we know and love who are sick at this time in body, soul and mind.

Those for whom we have been asked to pray and all who love them including Dick, John, Sarah, David, Edna and Iris. The family and loved ones of those who have died recently.

Lord, in your mercy,  
hear our prayers.



**HOW CAN WE GIVE?** The Church of England receives no government funding other than some tax concessions, and our churches are dependent upon money given or raised locally to fund their ministry and upkeep, including heating, insurance and maintenance.

Since we are not able to host services, if you are not already contributing by standing order, this might be the right time for you to consider this.

*If you would like to find out more about this, or to change an existing order, please contact the Parish Treasurer in confidence, see below for details.*



### **KEEPING IN TOUCH; STAYING INFORMED**

These **notices** are posted week by week on the Parish website: [www.wivertoninthevale.co.uk](http://www.wivertoninthevale.co.uk)

To receive a copy of these notices by email every Saturday, please subscribe to the website notification service at:

[www.wivertoninthevale.co.uk/subscribe](http://www.wivertoninthevale.co.uk/subscribe)

### **KEY CONTACTS**

#### **Rev'd Rachel**

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#### **Parish Administrator**

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#### **Parish Treasurer**

Max Jordan: 0115 9899299

Email: [treasurer@wivertoninthevale.co.uk](mailto:treasurer@wivertoninthevale.co.uk)

#### **Safeguarding Officer**

Gareth Parker: 07738 091338

Email: [gareth.parker@wivertoninthevale.co.uk](mailto:gareth.parker@wivertoninthevale.co.uk)

*Any concerns regarding a safeguarding issue should be directed to the Safeguarding Coordinator for the Parish.*

**Further information and contact details can be found on the parish website at [www.wivertoninthevale.co.uk/whos-who](http://www.wivertoninthevale.co.uk/whos-who)**